**LE15 8BL** 

## CROHN'S& COLITIS UK

FIGHTING INFLAMMATORY BOWEL DISEASE TOGETHER

Leicestershire & Rutland, Lincolnshire Central, Northamptonshire and Nottinghamshire Networks

## BLUEBELL WALK & CYCLE RIDE Rutland Water Sunday 6th May 2018

to start from Whitwell Car Park on the North Shore of Rutland Water (off the A606) 10am - 12noon

2 mile/5 mile/9 mile Walk 17 or 25 mile Cycle Ride



This year's theme is "Shades of Purple" (Optional Fancy Dress).

To take part call 07434 731970 or visit www.crohnsandcolitis.org.uk/bluebell